

YOUR TOMORROW

Now that we've looked back, we'd like you to think about looking forward. This is your opportunity to imagine, *without limitations*, the future that you plan to create—a future where you matter in your own life and have the fuel to care for the people and organizations that matter to you.

Think about what it means for you to live a life that you're proud of, that supports your priorities, and that fulfills your sense of overall well-being.

So, the question is, **"Where are you going?"**

To support you in setting your intentions, we're providing you with a few suggestions to get you started. You may decide to use any combination of these or come up with something on your own.

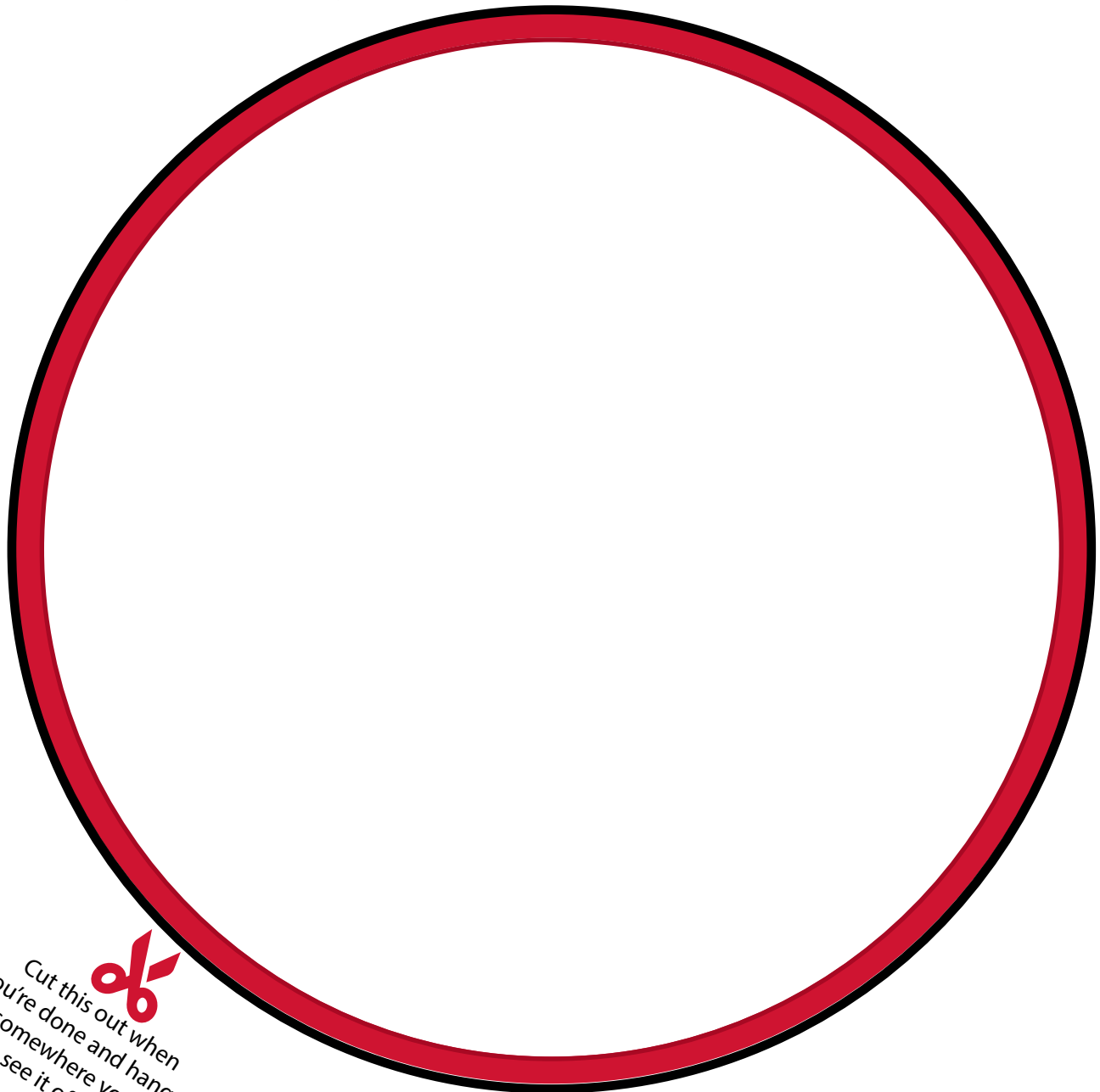
1. Even if you've done it previously, you could go through our **Life Priorities** exercise again.
 - The question you'll be answering in this exercise is, **"What matters most to me in this life?"**
 - Once you've completed this exercise, identify 1-3 goals you'd like to focus on that can support you in living in alignment with those priorities.
2. If you'd prefer to think more creatively about next year, consider using the **Success Circle** on page 2.
 - The question you'll be answering in this exercise is, **"What does success look like, live like, and feel like, for me?"**
 - Once you've completed this exercise, identify 1-3 goals that you believe will be in alignment with the success you've described in your circle.
3. If you'd like to use something more comprehensive, consider the **Personal Assessment** exercise on pages 7-8. It's the same exercise as in the one found in the Your Yesterday section but with a forward-thinking lens.
 - The question you'll be answering in this exercise is, **"What are my highest aspirations for various areas in my life?"**
 - Once you've completed this exercise, look through the various areas of your life and identify 1-3 goals that you would like to work toward this year, that will bring you a sense of satisfaction, fulfillment, and success.

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Use this **Success Circle** to create a personal word (or image) cloud that shows what success looks like to YOU. Grab some colored pens, pencils, markers, crayons, etc., and write down all of the words you'd use to describe what you want your world to look like this next year.

You can use these questions to get you started:

- What will your life look like, live like, and feel like?
- What smells, sounds, tastes, sights will be in your world?
- Who will the people be and what will they be doing?
- What will your mood be and how will you feel?
- What will you be doing with your time?

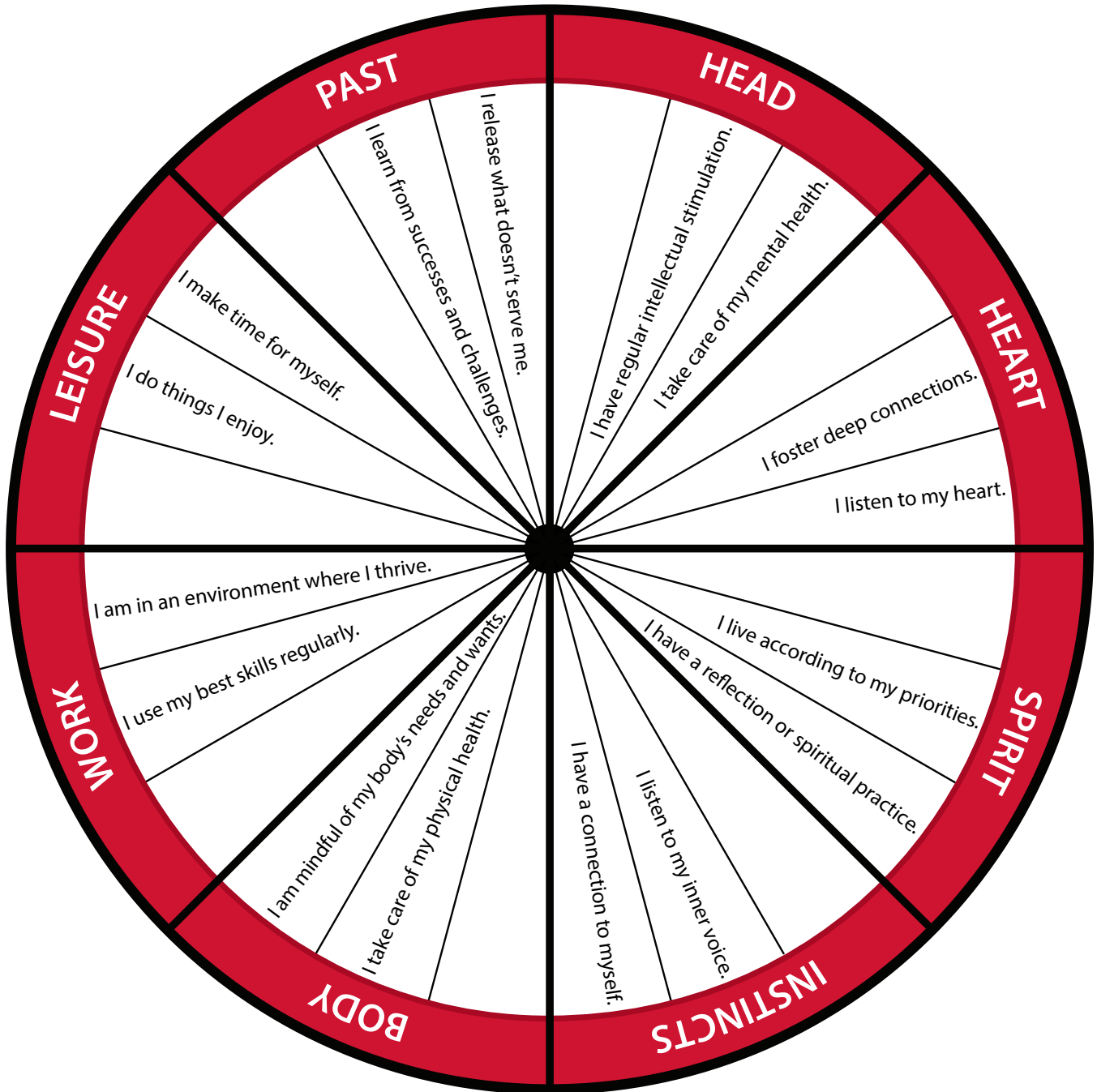


 Cut this out when
you're done and hang it
somewhere you'll
see it often!

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Consider the various areas of your life that we're showing in this **Personal Assessment Wheel** and spend a few minutes thinking about each of them.

Write some notes on the next page, about what a 10 (your highest aspiration) would look like, live like, and feel like. We've left a blank spot in each category, in case there are additional areas you want to address.



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Make some notes below, about your highest aspirations for next year. You can write about any or all of the areas in the **Personal Assessment Wheel** and/or include any ideas of your own.

1. HEAD

2. HEART

3. SPIRIT

4. INSTINCT

5. BODY

6. WORK

7. LEISURE

8. PAST